

foodSCAN 42 food screen test

Grains	Fruit	Vegetables	Meats	Nut Mix
Corn	Apple/Pear	Legume Mix	Chicken/Turkey	(Almond, Brazil,
Oat	Berry Mix	(Haricot, Pea,	Pork/Beef	Cashew,Hazelnut)
Rice	(Raspberry,	Peanut, Soya)		
Barley	Blackberry,	Mustard Mix	Dairy	Other
Wheat	Strawberry)	(Broccoli,	Cows Milk	Spice Mix (Chilli
	Citrus Mix	Brussell Sprouts,	Whole Egg	Pepper, Garlic,
Fish	(Grapefruit,	Cabbage,		Ginger)
Fish Mix (Cod,	Lemon, Lime	Cauliflower)		Yeast
Haddock)	Orange)	Potato		
Shellfish Mix				
(Crab, Lobster,				
Prawn/Shrimp)				

foodSCAN 76 food screen test

(This test is only available through a health practitioner)

Grains	Fruit	Meats	Dairy	Other
Corn	Apple/Pear	Chicken/Turkey	Cows Milk	Spice Mix (Chilli
Oat	Berry Mix	Pork/Beef	Egg - white	Pepper, Garlic,
Rice	(Raspberry,		Egg - yolk	Ginger)
Barley	Strawberry)	Vegetables		Yeast
Wheat	Citrus Mix	Legume Mix (Haricot,	Nut Mix	Cocoa bean
Rye	(Grapefruit,	Pea, Peanut, Soya)	(Almond, Brazil,	Coffee
Gliadin (Gluten)*	Lemon,Lime,Orange)	Mustard Mix (Broccoli,	Cashew,Hazelnut)	Tea
	Banana	Brussell Sprouts,		Herb Mix (Dill,
Fish	Melon Mix	Cabbage, Cauliflower)		Coriander, Parsley
Fish Mix	(Honeydew, Water	Carrot		Cumin)
(Cod,Haddock)	Cantaloupe)	Cucumber		Hops
Shellfish Mix (Crab,	Olive	Mushroom		Mint Mix (Mint,
Lobster,Prawn,Shrimp)	Tomato	Onion		Sage, Basil,
Salmon/Trout		Capsicum / Paprika		Thyme)
Oily Fish Mix				Sunflower Seed
(Mackerel, Herring)				
Tuna				

foodSCAN 113 In-depth Test

Grains	Fruit	Vegetables	Meats	Herbs/Spices
Corn	Apple	Asparagus	Beef	Chilli Pepper
Oat	Apricot	Aubergine	Chicken	Cinnamon/Clove
Rice	Banana	Avocado	Duck	Coriander/Cumin/
Barley	Blackberry	Carrot	Lamb	Dill
Wheat	Blackcurrant	Celery	Pork	Garlic
Rye	Cherry	Cucumber	Turkey	Ginger
Gliadin (Gluten)*	Cranberry	Haricot Bean		Mint Mix (Mint,
Buckwheat	Grape	Kidney Bean	Dairy	Sage, Basil,
Millet	Grapefruit	Spinach	Cows Milk	Thyme)
	Kiwi	Lentils	Egg – white	Mustard seed
Fish	Lemon	Lettuce	Egg - yolk	Nutmeg/Peppercorn
Fish Mix (Cod, Haddock)	Melon Mix	Mushroom		Parsley
Shellfish Mix (Crab,	(Honeydew, Water	Mustard Mix (Cabbage,	Nuts	Sesame seed
Lobster, Prawn/Shrimp)	Cantaloupe)	Broccoli, Cauliflower,	Almond	Vanilla
Salmon/Trout	Olive	Brussell Sprout)	Brazil	
Oily Fish Mix (Mackerel,	Orange	Onion	Cashew	Other
Herring)	Peach	Pea	Coconut	Carob
Plaice/Sole	Pear	Capsicum / Paprika	Hazelnut	Cola Nut
Tuna	Pineapple	Potato	Peanut	Yeast
Mollusc Mix (Oyster,	Plum	Soya Bean	Walnut	Cocoa Bean
(Mussel, Scallop)	Raspberry	String Bean		Coffee
	Strawberry			Tea
	Tomato			Hops
				Sunflower Seed

*IgG reaction to Gluten is NOT diagnostic of Coeliac disease